

For many years, people have wondered about the impact of wireless technology on our health. Cell phones, wireless internet, cordless phones - is there a risk in using these technologies? Have we created a new environmental issue of "electropollution?"

Some experts believe there are impacts. That belief has been compelling enough for Health Canada to create something called "Safety Code 6" which regulates exposure limits of radio frequency. In a report from Public Health Ontario, the limits were created to prevent impacts produced through tissue heating.

In addition, Women's College Hospital in Toronto has called this impact "electromagnetic hypersensitivity" or EHS. They decided to pursue this health condition because "the public needs to know how to protect themselves from the broad range of health impacts electromagnetic fields have on their minds and bodies."

So if you think that your trouble sleeping, migraines,



depression, nausea, skin rashes and other conditions could be connected to a sensitivity to radio frequencies emitted by cell phones, wi-fi and more, you might want to know about PEMF: Pulsed Electromagnetic Field therapy.

PEMF therapy uses unique pulsed, electromagnetic frequencies and intensities for the health benefit of humans and animals. Cellular metabolism is boosted, blood cells are regenerated, circulation is improved and the body's oxygen

carrying capacity is increased. Ultimately, you feel energized, the immune system becomes healthier, the nervous system relaxes, bones and joints become stronger and vital organs are able to rid themselves of impurities, thus detoxifying the body. The therapy is non-invasive. There are no side effects. However, it is not recommended for people with pacemakers.

The Omnum1 PEMF system is a clinically-studied PEMF therapy with roots in Switzerland through a company called

Swiss Bionic Solutions. This is the company with which I am associated. Swiss Bionic Solutions has created products that provide PEMF therapy for home use and that have been listed and regulated by the FDA and by Health Canada.

A treatment involves using a yoga-type mat or a pad. The pad is activated by a program that is run from a device that looks much like an iPad. A timer is set and you just relax - and some people often sleep. That's it!

Having healthy cells is an active process. Regular tuning-up of our cells is necessary to slow aging and reduce the risk of cell dysfunction. We can ensure our cells are healthy with PEMF therapy and I would be happy to talk with you about it.

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